

# WEEKLY REVISION TIMETABLE



Week beginning .....

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning							
Afternoon							
Evening							

- To ensure you achieve grades C and above, a minimum of 25 hours per week is recommended.
- To achieve A/A\* grades, more revision time will need to be planned, but ensure you also plan enough breaks and recreational time.
- Start to prioritise the subjects/ exams you have first. Be careful you don't neglect the others, as you may struggle to find the time once the exams are in full flow.
- Plan the specific topic and the activities for each session e.g. Science – Biology – Mitosis/Meiosis (flashcards/ comparison table);
- Plan your breaks. If you find it difficult to concentrate for one hour sessions, then do two 30 minutes with a short break in between;
- Create the right environment; light, cool, quiet, no distractions (phone, Facebook, TV etc). Keep music quiet and calming.